



LIFE COACH

THERAPEUTIC

Day Treatment
School-Based Counseling
serving children & adolescents

The Mission

To provide effective psychotherapeutic interventions and mental health treatment in an educational setting to groups of children and adolescents.

THERAPEUTIC DAY TREATMENT

Therapeutic Day Treatment is a school-based counseling program. Services are a combination of psychotherapeutic interventions combined with education and mental health treatment. The program operates 8:00 a.m. - 4:00 p.m. or during after school hours Monday through Friday. Participants receive activity therapy, recreational

It is the mission of YES Behavioral Health, Inc. to serve our community by developing and administering programs that address the unique issues facing individuals and their families in our care and to enhance the quality of life for youth and adults through a comprehensive continuum of therapeutic care in the fields of social services, education, mental health, and housing.

therapy, educational therapy, individual therapy and group therapy. Upon completion, successful participants will have reached their identified goals, determined by the individualized service plan.

The goal of the program is to prevent extended out-of-home placements of children and adolescents of children. The Day Treatment Program also operates a full-day summer camp during the months of June, July and August. Life Coaches' staff of dedicated and highly trained professionals will develop a treatment plan that uniquely responds to each child's needs. Life Coach is licensed by the Virginia Dept. of Mental Health, Mental Retardation and Substance Abuse Services and is triennially accredited by the Commission on Accreditation of Rehabilitative Facilities (CARF).

SERVICES PROVIDED

- Individual assessments
- Individualized treatment plans
- After school, intensive outpatient mental health treatment for children age 6-18
- Individual & Group therapy
- Behavior modification
- Referrals
- Case management services

Life Coach includes three programs:

| **Intensive In-Home Counseling**

| **Therapeutic Day Treatment School-Based Counseling**

| **Day School**



YES Behavioral Health, Inc.

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